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For release: Sept. 5, 2007

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Arapahoe County provides heavy duty chores to seniors

Arapahoe County receives grant for new program to benefit seniors

Littleton, Colo. --- Arapahoe County received \$50,000 from the Denver Regional Council of Governments, Area Agency on Aging to pilot a one year program that will benefit seniors.

“Our Chore Services program will assist seniors with non-routine heavy duty chores as part of Arapahoe County’s continuing effort to enable seniors to live independently in their own homes,” said Commissioner Pat Noonan, who serves as the liaison to the Community Resources Department.

Services are generally scheduled in three to four hour blocks and are one-time visits. Typical services include:

- Assistance in unpacking after a move to subsidized housing
- Assistance in cleaning, organizing and de-cluttering an apartment or home
- Spring or fall yard work such as raking or picking up sticks and branches
- Help in preparing for Housing and Urban Development inspections
- Washing first floor windows
- Shoveling snow for those who need to leave their home due to medical issues

To be eligible for the program, clients must be Arapahoe County residents, 60 years or older, unable to perform these chores due to health problems and have limited resources.

For residents with physical and/or mental restrictions in need of light housekeeping support, the County’s Homemakers program may be of assistance.

While there are no fees for these services, donations are welcome as they help the County to serve more people.

For more information or to find out if you are eligible, contact the Arapahoe County Senior Resources Division at 303-738-8080 or pdean@co.arapahoe.co.us.

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